



EVERGLADE SCHOOL NEWSLETTER

64 Everglade Drive, Manukau 2105
Phone: (09) 262 0244 • Fax: (09) 262 3791
E-mail: office@everglade.school.nz



Wednesday 28 October 2020

25/2020

Dear Parents/Caregivers,

Wow!

That was the brightest, sunniest Labour Weekend that I can remember for a long time.

Traditionally, Labour Day is the first signal of the oncoming summer; it was certainly very summery this time!

With the arrival of the warmer weather,, it is time for us to move into our **Sunsmart Season**.

The Sunsmart Season generally runs from end of October until early April. This is basically from early Term Four until late Term One.

Check out inside what Sunsmart Season means, and how to be ready for it.



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Contact: Nimisha Gangoli
Mobile: 021 172 2060 • Email: nsgangoli@yahoo.com
Address: Everglade Primary School
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Email- everglade@kidzclub.co.nz
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Sunsmart Season is nearly here!

As I mentioned on the front page, at about this time of year we move into what we call the Sunsmart Season. This is all about children taking the right steps to avoid the worst effects of the New Zealand sun.



As lovely as it is to be out and about on our warm summer days, New Zealand has the most damaging sunlight effects in the world. In order to protect our children against future harm, we have a very simple process for all to follow.

During the sunsmart season, all children are required to **wear a suitable sun hat** when outside. This starts at the beginning of morning break, and continues until 3.00pm. It includes morning break and lunchtime, and also covers any time spent outside during PE, Sport or other activities.

If children are going to be in areas that are open to the sun, they must wear a suitable sun hat in order to be in that space.

What is a suitable sunhat?

A suitable sunhat covers the head, and screens the face. Ideally, it will also cover the ears; however, we don't insist on this.

The best types of hat are those with a wide brim that goes all around. This is called a bucket hat (or cricket hat.)



Other 'brim' hats are also in the 'best category.' Examples are shown below.



We do accept a baseball cap as a suitable sunhat. Having said that, we note that it doesn't provide ear protection.

Everglade School sells the bucket hat for anyone wanting to purchase a sunhat. Please note that children don't have to wear a 'school' hat, as long as the hat gives suitable sun protection.

Hats that don't make the sunsmart standard include:

- Sun visor
- Beanie



The obvious action to take before your child starts bringing their sun hat is to **write their name on it**. This should be somewhere on the inside of the hat. It's the same advice we urge people to follow for other items of uniform, especially those that come off more readily.

We are fine with children bringing a small tube of sunscreen, if this is the wish of the parents. It is important to note that children must be able to apply this themselves, as teachers are not expected to do this. Note also that the sunscreen should be kept in the schoolbag, so must be protected from leaking.

Pita Pit Friday

Our regular **Pita Pit Friday** continues this week



Board of Trustees meeting:

The next meeting will be held tomorrow (Thursday 29 October) at 6.45 pm

Next newsletter: Wednesday 04 November

Regards

John Robinson
Principal